CLAIMS:

I claim:

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17 18 1. A therapeutic glove comprising:

a first glove half formed of a flexible material and shaped to cover one side of a person's hand, said first glove half having a plurality of cells formed therein filled with viscous liquid;

a second glove half formed of a flexible material and shaped to cover the other side of a person's hand and being movably attached to said first glove half, said second glove half having a plurality of cells formed therein filled with a viscous material; and

attaching means attached to said first glove half and to second glove half for removably attaching said first glove half to said second glove half over a person's hand;

whereby a therapeutic glove allows a person to exercise the muscles of the hand, fingers, and wrist are exercised during the application of heat or cold to the person's hand.

- 2. A therapeutic glove in accordance with claim 1 in which said viscous material is a viscous clay.
- 3. A therapeutic glove in accordance with claim
 1 in which said attaching means includes hook and loop
 material attached to said first and second glove
 halves.